

STUDENT TIMETABLES

Setting up home learning environments should never match a school timetable!

Students should instead self-pace their learning activities, finishing them at times that best suit them. This allows students who are working or caring for younger siblings to meet those responsibilities *and* continue their learning.

Teachers will provide self-paced activities on Google Classroom, including:

- videos (of the teacher or learning resources) to view;
- journal activities or participation in online forums, apps, Google activities;
- practical exercises, physical activity, experiments;
- pre-reading for their Zoom session.

These tasks must be finished before their next Zoom, as being prepared helps your child to engage and ask questions of their teacher and peers to deepen their learning.

Teachers will take a roll during the Zoom session. If students are unable to access this Zoom, it will be recorded and placed on the Google Classroom.

If students do not attend the Zoom session or complete their set activities that week, parents will be notified by a text each Friday afternoon. You can still check student work and achievement by checking Google Classroom and the 'To Do List'.

If students are missing multiple sessions, the year level coordinator will follow up with families. They can be contacted via Daymap or email if you have any concerns.

Videos to support each task will also be uploaded on Google Classroom when appropriate. Teachers will set activities and pre-reading or pre-viewing resources to support student learning on Google Classroom, which students should complete *before* their Zoom meeting.

CREATING A LEARNING TIMETABLE

While we have provided a sample timetable for your child on the back of this page, the activities outside Zoom meetings are up to your family's choice to schedule. This timetable is designed to allow your child with hour long learning blocks – which is ample time to complete their lesson. However, your family may require flexibility.

While you are free to use this timetable we recommend parents negotiate with their child a routine, remembering these factors:

- Younger students require good routine to stay healthy and calm and learn well. They require lots of breaks to stay fresh and engaged. Helping out at home, doing age-appropriate chores, and spending time with family are great ways to *keep students learning*.
- Older students learn best when their day starts later, so an hour's sleep in can be a good thing! We also know that many of our older students are working hard to help support their families in these difficult times.
- Many students have home duties and some may pick up work to support their families. We understand this and will not let children be disadvantaged by these responsibilities.

Important: Students should not study all of one subject in a single block. It is best for a child's learning if they tackle a mixture of activities to help them stay alert and engaged, and if they have regular breaks.

We also know that Student wellbeing is also very important during social distancing; they should have time to engage in a range of activities or 'Hobby Time' to keep their wellbeing positive.

SAMPLE TIMETABLE

A sample home-schooling timetable is provided below. While this timetable has ‘hour’ blocks for students to self-pace their learning in activities, students should also have 5 minute ‘brain breaks’ every 30 minutes or so. These might include a short activity, or simply getting up to stretch and walk around the house.

Please note: even though your child has a Chrome Book, it is not expected that they be ‘logged on’ all the day. It is important for your child’s health that they limit their screen time. If you are concerned your child is on their computer too much, check your teacher’s set activities. Most students should spend more time engaged in practical activities and using hard-copy resources than on their computer!

LESSON	MONDAY	TUESDAY	WED	THURS	FRI
Learning Block 1 9:00 – 10:00	Class 1	Class 4	Class 2	Class 5	Class 3
Learning Block 2 10:00 – 11:00	Class 2	Class 5	Class 7	Class 1	Class 6
BREAK TIME from 11:00 – 11:30					
Learning Block 3 11:30am – 12:45 m	Class 3: ZOOM 75 m support session	Class 6: ZOOM 75 m support session	Class 1: ZOOM 75 m support session	Class 4: ZOOM 75 m support session	Class 5: ZOOM 75 m support session
LUNCH from 12:45 – 1:30 pm					
Learning Block 4 1:30-2:45	Class 4 (1 hr only)	Class 7: ZOOM 75 m support session	Class 3 (1 hr only)	Class 2: ZOOM 75 m support session	Class 7 (1 hr only)
Learning Block 5 2:45 – 3:45	Family/Hobby Time		Class 6	Family/Hobby Time	

EXPERT TIP: PROTECTING PARENT WELLBEING

Teachers know children’s needs are complex. Your child might study better in the afternoon, or you might have a family routine that means some mornings your family is slow to start; and some evenings your child might be eager to undertake a different activity. A school timetable is designed for many purposes that *may not suit home schooling schedules*.

Getting a child to do online activities at certain times might be *really tricky* if they do not enjoy those classes! **Zoom meetings are firmly set for specific times** (to ensure teacher availability), but you can re-arrange hour blocks to suit your child. The benefit of online study is that you can adapt to suit your family: you can swap lesson 1 to the afternoon to support children more alert in the afternoon, or begin earlier to support students who are more alert in the morning. If a family is in isolation together, you might move Friday to Sunday and have family time.