

Government House Visit



On Monday the 18th of September, Tino and I had the, once in a lifetime opportunity to visit the Governor, Honorable Hieu Van Lee and Mrs Lan Lee. Two representatives from all schools in South Australia were invited to attend this event.

The doors of the government house were opened and the selected students had the immense opportunity to spend valuable time with the governor. He motivated all students when he gave us a speech about his personal life and taught us that everyone has to be persistent in order to succeed. In my opinion he was very humble and polite as he gave us the chance to explore his house and converse with other people that accompanied him.

Overall, both of us had an amazing time at the event and we would highly recommend other students to attend if this opportunity arises again.

Inzah
School Captain



The Learning Hub

For the past few weeks, the school has been running the Learning Hub every Wednesday from 3:05 to 4:30pm. Each week 60-70 students are present where they have the opportunity to get support with their learning from about 10-15 teachers.

This is an interactive place where teachers from nearly all faculties are supporting students who wish to develop their academic skills and abilities.

It is amazing to see the collaboration and teamwork between staff and students. The success of this club is further enhanced by the healthy snacks provided to students by the staff this has included soups, curries and fresh fruit. Overall, I have heard positive reviews from all members, including staff, who visit the club frequently.

Inzah
School Captain



PARENTS MEET AT PGHS

Presenters: Jian Ali and Sothea Lam

The **topics** covered at the **Parents' Information Session**

Family's healthy life style

What a family looks like, how it plays an important role in the health and wellbeing of its members, particularly children.

How to keep your family healthy:

Pregnancy: Where to go for information (Family Doctor GP) or (Local Women's health services) After birth - your baby Blue Book

Immunisation: Free vaccination for babies and children-adults or other family members may require vaccination if travelling overseas.

Eating healthy food: Need to provide healthy food, have an awareness of food allergies

The importance of sleep: The power of sleep, the 7 side effects of sleep deficiency and how many hours of sleep should we be getting.

Enjoying an active lifestyle: Being active every day is important for your family's health and wellbeing and encourage walking

Emotional health and wellbeing: When parents argue, it impacts on children and each individual responds differently in the family to the arguments. Fathers may feel that their statuses and authority have been affected. They may become angry and express their anger in inappropriate ways. Mothers may become depressed and isolated. Children may find it difficult to talk about their feelings- instead, they would get angry and fight with their brothers, sisters and friends or be withdrawn.

Older Children may feel the burden of having to balance the traditions and values of their parents with those in the Australian society.

They often feel like they are being pulled in two opposite directions in their attempts to please their parents and also fit in with their friends and the school community. They may rebel or show anger towards their parents.

Other topics discussed were:

To **update personal contact information** to help in their children's welfare and emergencies.

What is a DayMap? how to familiarize oneself with DayMap, to access one's child's progress and attendance issues

Discuss with your child's school if you have any concerns- The school provides an interpreter according to the needs of the parents/ students. It also has BSSOs who come in to the school during the week to support students and their parents with various issues, specifically relating to the school and in settling down in a new culture/country.

The school has a **Youth worker - Sothea Lam** - who not only supports students and their parents from NESB but also other students who need help and support in other areas, besides education. He runs the Duke of Ed program every year to encourage, promote and motivate students who have low self- esteem and lack confidence in their lives. For more information, please contact the school.

How can Parafield Gardens High School support your child's learning better?

The school has different year level Coordinators who support and mentor students to help them settle well in their classes.

Who can you ring in crisis? Give out the contact numbers for variety of agencies and services. Please contact the school for any relevant issues concerning your children.

The session was well attended with 25 parents being present on that day. The parents were from African, Middle-Eastern and the Nepalese communities. The session ran from 1pm to 3 pm at PGHS. The parents required similar sessions for their children regarding the behaviour management strategies, both at home and at school. The next session will be in Term 4- date to be finalised. We will notify once the date has been confirmed.

We wish to thank all the parents who attended the session and we look forward to having many more parents in the future sessions. Our special thanks to Robert Lenkiewicz for his support during the session. We also wish to thank Sothea and Jian for all the hard work done before this session.

Anandhi Sundar
Inter- Cultural Committee



Parafield Gardens
High School

NEWSLETTER

Issue 6
September 2017

Principal's Message

Our students have been involved in a number of very successful events this term. These include Wakakirri, Battle of the Bands, Careers Night and The Learning Hub.

In August 16th, our mixed *Sammy D* dancers who represent our school locally and at our Primary feeder schools performed at the Wakakirri. This was held at the Entertainment Centre and our students performed incredibly well, winning a series of awards. These were for:

- Best Lighting Design and Call
- Best Excellent Ensemble
- Best Well-Rehearsed Performance
- Excellent Soundtrack
- Best Raising Awareness Story Award
- Story of the Year Nominee

On the same night, we had our Careers Night in the gymnasium. This was the first time the event had been held in our gymnasium, away from the Resource Centre, and was an absolute success. Many students with families attended and were able to access information directly from universities, TAFE, the police force, the army, many VET providers and all curriculum areas. Armed with this information, students were better prepared for the Course Confirmation week that occurred the week after. Our SRC were responsible for the sausage sizzle, which was also very successful.

Recently, our Year 12 ensemble music students took part in the local Battle of the Bands. The event was professionally recorded with multi-cameras and was live-streamed to YouTube. Our students did very well and won a free recording session in a professional studio.

The Learning Hub which has been running this term has been an improvement of our Tute Centre that ran up to last year. Students attend on a voluntary basis for learning support on Wednesday afternoons after school. The numbers have steadily grown over the weeks, with 65 students taking advantage of this last week. Students are supported by our teachers who volunteer their time to work with individuals and small groups. We plan to build and continue with this program throughout the year with a review on its effectiveness in term four.

Professional Development (PD)

Our Student Free Day on collaborative moderation was very successful. It was an improvement to a similar day we held earlier this year as the key focus was solely on moderation of student work and assessment.

Building works

Our disabilities access ramps for all major entrance/exit points throughout the school are continuing with many that are now complete. This includes a disabled toilet next to the Resource Centre with automatic door access to the building.

The STEM works is also proceeding. The Maths and Science faculties spent time changing their offices and throwing old equipment out. The local primary schools have been asked if they'd like any of our old Science equipment as we will be upgrading the bulk of the furniture once the STEM works have finished in 2018. The builders have informed the school they will commence the re-fit of the Maths-Science area in November.

As part of our improvement of systems and culture in our school there are a few initiatives that we are undertaking:

Eye testing – all students in years 8 and 9 will be eye-tested in weeks 1 to 3 of term 4 for free. If glasses are required, students will be provided with the opportunity for free glasses through Medicare.

Thank you,
Nick Zissopoulos
Principal



Ph: (08) 8258 9855

www.pghs.sa.edu.au

dl.1137.info@schools.sa.edu.au

15 Shepherdson Road, Parafield Gardens SA 5107

www.facebook.com/pghsadelaide

Wakakirri Performance

Congratulations to our dance and drama students who competed in Wakakirri at The Adelaide Entertainment Centre on Wednesday 16th August. The performance explored positive decision making at parties and alcohol fuelled violence. We received this performance feedback from the judges,

'A very dedicated group of students who executed their story-dance with commitment and precision. A very pertinent story to tell to young people and parents/carers alike. The strong soundtrack assisted with the telling of the story. The re-wind section was most effective, and even more dramatic, as we know we don't get a second chance in real life. A very moving story, showcasing your student's abilities'.

We received the following awards:

Performance Night Awards

Best lighting design and call

State Awards

Best Excellent Ensemble

Best Well-Rehearsed Performance

Excellent Soundtrack

Best Raising Awareness Story

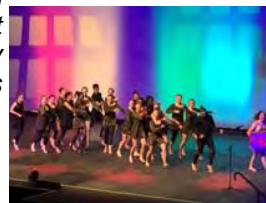
Award

National Awards

Best Story of the Year Nominee

Ms English

Assistant Principal



Uniform Shop Opening Hours



Trading Hours

Terms 1 & 4

Every Monday 8am - 9am

Every Wednesday 8am - 9am

Every Friday 8am - 9am

Mobile Phone onsite during opening hours only - 0431 001 260

Devon Clothing Head Office - 08 8350 7900

VISTA Term 3 Sport Success!

- ✓ Boys' senior badminton champions fifth year in a row.
- ✓ Boys' junior soccer champions third year in a row.
- ✓ Boys' 9/10 basketball champions.
- ✓ Girls Tag rugby champion.
- ✓ Girls Table tennis champion

Congratulations to all involved!



PIE-PARENTS EDUCATION

The Parents in Education session for 2017 was hosted by the Minister of Education, Susan Close. The Minister underlined the vital role of parental involvement in student learning. The program, organised by DECD, as well as the Independent and the Catholic schools and learning communities, promotes discussion of the 21st Century child within an ever-changing educational landscape.

Jodie Benveniste, Director of Intuitive Parenting, believes that young people will enter a world that has not been invented or even created yet. She regards the 21st Century learner as an individual full of potentialities beyond the narrow testing of prescribed knowledge, a student, who must, by their very definition, be guided to apply local learning to global necessities. Indeed, it is Jodie Benveniste's strong conviction that, parents and educators, must seek pedagogies beyond the simple disciplines and instead, turn to interdisciplinary connections which interface with an increasingly interconnected world.

The speakers included Dr. Kristina Alford, a Futurist and Director of MOD (an immersive Museum of Discovery at Uni SA). She is a proponent of emerging technologies and holds that our near future includes a lot of disruption and changes requiring the teaching of lifelong learning as a global coping strategy.

Furthermore, Niki Buchan presented her conclusions about integrated learning as well as the connections between STEM and the natural world. As an observer and educator of young learners, she highlighted the constructivist principles of placing the student at the centre of learning. From her findings, she maintains that the 21st Century child must be treated as an architect of their own learning rather than as a mere consumer.



The 3 day sessions were attended by Krystyna Haba and Kathy Popovich which was supported and organised by Jian Ali, the CLO from DECD.

Krystyna Haba
Inter-Cultural Committee

Changed Details?

Please provide the school with your new contact details immediately so we can update our records as you may not be receiving important information by post or phone.

Student Absences

Parents / Caregivers - Please contact the school on the morning of your child's absence and put a note in their diary. Thank you



Feeling good and doing well at PGHS Wellness Day

Monday October 23

2017

Proudly sponsored by



Government of South Australia
SA Health

In The Spotlight: Madison Ward



My name is Madison and I am in year 11. On Tuesday the 18th of July my dad and I flew to Auckland, New Zealand to present a speech at the **Altogether Autism Conference**. My speech was about living with autism and how it has shaped my life. We met some of the people on the evening we arrived as we were all staying in the same hotel. It was then that I found out I was the youngest speaker to be invited to this conference to speak! I was now very nervous.

Thursday came and my anxiety was as they say, 'through the roof!' So I just chilled out in my room for a while then attended the second half of the morning sessions. Then it was my turn. We were told there would be about 45 people in our session. It turned out to be standing room only, so about 70 people of the 250 were

there to hear me talk. I decided that I would speak first so if I ran out of stuff to say, Dad could fill it out a bit for me. I started off a bit wobbly but soon found my speaking voice. I filled the whole 20-minute slot plus 10 minutes of questions. People were even crying after my talk.

Recently on the 6th of September, I flew out to Sydney to speak at the **Asia Pacific Autism Conference**. The first day of the conference was the 7th and it was very overwhelming. This was part of autism. I think it was the amount of people mixed with a new environment. I heard some very interesting speeches throughout the conference. My speech was on the Friday and it was the same speech as New Zealand. At the end of it I had a couple of questions and many people came up to me afterwards to learn more. While we were in Sydney we went and saw the Sydney Harbour Bridge and Opera House. It was amazing. One interesting fact I learnt was how many famous people are actually on or are rumoured to be on the spectrum. A couple of examples include Albert Einstein (my favourite from this list), George Orwell, Beethoven, Vincent Van Gogh and Thomas Jefferson.

I had a great time speaking at both of these conferences and believe my confidence has improved. I met many amazing and inspiring people at both these events and I am glad I got these opportunities.



Labels Do Not Define Me

you know
we look like you
and don't seem like it
but we have battles
and they don't show
we struggle each day
simple little things
making eye contact
and even talking to our own families
when we're out in public
the noise sometimes gets too much
we go into a mode
we can't control it
we may scream and yell
seem like a spoilt brat
but it's not what you think
it's just who we are
try to calm us down
you can't stop it
when we go into meltdown
just let us go
give us our own space
we have low social skills
and find it hard to make friends
and it's even harder for us
to keep them
we get teased for the way we act
and the things we do
if we rock and flap
we're just excited
or slightly overwhelmed
please don't hold us down
you'll likely get hurt
people call us stuff like 'retard' and 'useless'
that is not who we are
we are capable of many things
take bill gates for example

look at what he has done
created Microsoft
and you go telling us
we are not capable of this
that our passions are stupid
we can do amazing things
if you give us the chance
so before you go judging
someone like us
when we're not coping in public
because of the noise
please don't just stand and stare
if you are curious come and ask our parents
ask if they want help
because you never know
what the full story is
and before you call us those horrid names
think about
if you were in our shoes
how would you feel
we have it hard enough already
without that adding to it
our home lives are tough too
We are just like you
but slightly different
and maybe weird
but you know what I say
being weird is good. It shows you're not afraid
being different is normal and people should realise
we just want to be friendly
we just want to be accepted
and not taken as a joke

I am who I am and the labels do not define me

Written by Madison

Staff Permanency

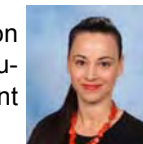
Congratulations to Ben Crilley, Sam Horsell, India Lenneth and Harvey Neal for being made permanent teachers and SSOs at Parafield Gardens High School.

Ben has been a major driver of our sports program, both VISTA and State-wide events, whereby we are ranked 5th in DECD for our performances.



Sam has taught across multiple faculty areas at PGHS (Maths, PE, ICT) and has been the SRC Manager for 2 years now whereby he has empowered our student leaders to create change and develop a great voice in school processes and classroom learning.

India has worked tremendously hard to align our Special Education provisions to proactive levels of support for students learning, accurate NEP and ILP documentation and ensure open and transparent communication of student learning with parents.



Harvey has been a tremendous addition to our SSO ranks. His skills are diverse, he is dedicated and deliberate in his work and he contributes actively to infrastructure improvements across our site.

All four staff thoroughly deserve their promotion to permanency, we are lucky to have them as education/support staff as PGHS and we are committed as a school to developing our staff to be the best they can be and celebrate their successes with students and site based projects.

Congratulations again.

Mike George
Deputy Principal

This is an Advanced Warning

During term 4 STEM works are scheduled to begin. STEM works will continue on through 2018. Please be aware that this could affect pick up, drop offs and general car parking. Please plan and make other arrangements. If you have any questions please do not hesitate to contact the school on 8258 9855.

Theo Papazoglov
Assistant Principal



Wellness Day

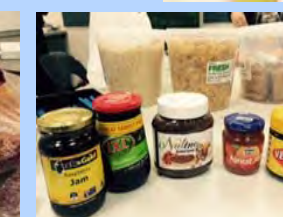
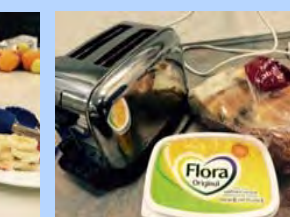
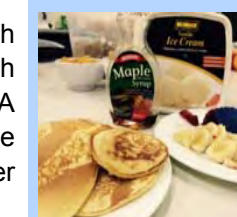
We will be celebrating our first Wellness Day on Monday 23rd October. The day will occur on our northern oval and will include free nutritious food, dance performances, music and physical education activities during recess and lunch.

Students will have the opportunity to visit over twenty health organisation stalls, providing information regarding health and wellbeing. These stalls include Headspace, Shine SA and The Cancer Council. Year 8 and 9 classes will also be involved in 'power of positive peers' workshops with Wunder training later on in the term.



WHOLE SCHOOL FREE BREAKFAST
MONDAYS, WEDNESDAYS & FRIDAYS

On the B Floor from 8:00am - 8:30am
Bring your friends, enjoy good food, warmth, music and each other's company!!



URGENT! UNPAID SCHOOL

A reminder that debt collection action has occurred for unpaid 2017 and outstanding previous years school fees.

Please Note: Parents/Caregivers will be responsible for all Court fees as well as the outstanding debt.

Payment Options:

- Direct Debit Request
- Bizgate (Internet Banking)
- School Card Application 2016
- Credit Card via telephone/mail
- Cash/Cheque/Money Order/EFTPOS

Please contact Mrs Dianne Hill to arrange one of the above options/applications on 8258 9855.

Nick Zissopoulos
Principal

LEARNING HUB

Opening Wednesday 9th August 2017
and on every Wednesday afternoon
3:15pm to 4:30pm



READING ZONE

GET HELP WITH
YOUR HOMEWORK!

EXPERT TEACHERS &
LEARNING SUPPORT

OPEN TO ALL YEAR LEVELS

ANY QUESTIONS? PLEASE CONTACT
BRAD STUBING, ASSISTANT PRINCIPAL

A Day in a Life of a Scientist



On Wednesday the 27th of September, 23 students attended a hands-on private tour of the Chemistry Labs at Adelaide University. We were all privileged to see what it was like to be in a day in a life of a scientist. The tour began with an AAS activity hosted by Matthew, a member of Adelaide University's Staff. The staff provided us with lab coats and goggles to keep our clothes clean and eyes safe. Matthew guided us in exploring the machinery used to perform Chromatography, the separation or analysis of complex mixtures.

Our next tour was hosted by Dr Tara Pukala who showed us a brief inside scoop of how labs are in the first and second year of the Bachelor of Science degree. The labs contained large machinery used in all different fields of science including medicine. Dr Pukala was open to answer any questions that came to mind about our career paths and how to achieve certain goals once we arrive to uni.

Our hands-on practical was hosted by Professor Gineo and Professor Catherine. They showed us how to extract the components of spinach and analyse them by using a TLC plate and Developing Solvent. This exposed us to learn Chromatography in a greater depth and what it was like to do a first year uni practical.

The day ended with an appealing tour of the university food court. All students were able to explore and stop for a quick lunch break before we headed back to Adelaide Railway Station for our departure.

This excursion has not only privileged us chemistry students by allowing us to explore the university campus and gain background knowledge, but has helped many students get a better understanding of what the future holds for their career path.

We would all like to thank Miss Long for making this experience possible, and for helping students find their possible future career.



Billy, Kane & Steven



The year 11 Chemistry class were invited to visit The University of Adelaide, allowing us to have a hands on experience in which we were able to immerse ourselves in the university lifestyle. After what seemed like miles and miles of walking around the Uni grounds, we finally reached the chemistry department where we were given a tour around the multiple chemistry laboratories. Upon arrival, we were greeted by several university lecturers and speakers who went through many interesting chemical concepts. Chromatography was the main topic of conversation, and after viewing millions of dollars worth of equipment we settled down to perform a simple practical involving the use of chromatography concepts to separate different components of spinach. This experience was the most beneficial to us as a similar practical will be required in the year 12 curriculum and first year chemistry.

Another important opportunity we underwent was a speech conducted in a university lecture room. During this experience an university speaker answered a few burning questions we had about university, studying science, and majoring in chemistry. The speaker went through the subject requirements needed to study any science degree and offered advice to those who were wanted to obtain a career in science. This lecture helped us obtain a better understanding of the career paths we wanted to explore and refine our vision for our future. What I found interesting was that a bachelor in any science didn't inherently mean one had to stay in a scientific field after graduation. The skills learnt during the degree are very transferable to any career field. For example, chemistry students are required to critically analyse and interpret data, a critical thinking skill that can be applied in all occupations that call for reflection, analysis and planning.

We found this excursion very informative and helpful as it allowed us to ascertain a clear understanding and appreciation for chemistry, and assisted us in selecting what degree we wanted to study after high school graduation.

Sanya & Danielle



The chemistry excursion allowed us students to learn about what is involved in everyday uni life regarding chemistry. We gained hands-on experiences of uni life through conducting a chromatography practical and received lectures from chemistry lecturers about certain chemistry concepts that would be included in the 3 years of chemistry training. We were given a tour around parts of the university which included the university central hub and the chemistry building that contain lecture rooms and laboratories. The central hub was where uni students could come relax and refuel with food provided by the cafeterias.

Our practical spinach extraction involved extracting the different components of spinach using chromatography concepts which we learnt about earlier. We also learnt about some expensive machines that identify different gases including the percentage of individual gases within through the processes of chromatography. Another machine identified what elements and how much of each element was present in an aqueous solution.

This excursion allowed us to better understand the day to day life in a university and what kind things we can expect to do and learn while in a university. It gave us more of a career insight into what we wanted to do in the future. It opened up an insight into careers and what to study. I believe that this excursion should be done every year for all students in science and mathematics so they can better understand the life in a university.

Natalie



Year 12 Exam Timetable

Date	9:00 am	1.30 pm
Wednesday 18 October		Khmer (Continuers) 3 hours
Monday 6 November	Biology [2BIG20] 3 hours	
Tuesday 7 November		English as an Additional Language [2EAL20] 2½ hours
Wednesday 8 November	Modern History [2MOH20] 3 hours	
Thursday 9 November	Essential Mathematics [2MEM20] 2 hours General Mathematics [2MGM20] 2 hours	Mathematical Methods [2MHS20] 3 hours
Friday 10 November	Legal Studies [2LEG20] 3 hours	
Monday 13 November		Physics [2PYS20] 3 hours
Tuesday 14 November	Psychology [2PSC20] 2 hours	
Wednesday 15 November	Chemistry [2CME20] 3 hours	
Friday 17 November	Specialist Mathematics [2MSC20] 3 hours	

Literacy and Numeracy Week

Week 6 was a busy time in our Learning Hub. We held our Book Week and Literacy Week celebration full of interactive literacy based activities including two very successful KAHOOT sessions: Spelling Bee and Who Wrote That? The winner of both KAHOOTs was Kailin McGregor. He answered every question correctly and quickly. Congratulations!

Furthermore, students attended a Learning to Code session promoting new digital technologies and STEM learning. Our students were also successful in competing in the NASSSA Maths Olympics (with more details to come next issue).

Kelly ran a Create a Bookmark session which resulted in some very creative bookmarks to encourage and promote more reading linked to the Premier's Reading Challenge (PRC). Once again, congratulations to those students who successfully completed their PRC. Certificates will be awarded in Term 4. A special congratulations must go to our year 12 student Hayley Godfrey who joined PRC in it's inaugural year and has completed one every single year since. What an incredible achievement for Hayley! She will be one of a few students qualifying for the Reader for Life Hall of Fame certificate this year.

Thank You,

Resource Centre Team

ATSI Uni Open Day

On Tuesday the 19th of September, a group of students from year 10 to 12 were involved in a Adelaide University open day. On the day we all participated in activities like coding 101 and build it. In build it there were stations where we built a little motor in a pairs after build it we had lunch provided for the students. After lunch we walked up to coding 101, in coding 101 we played games on a computer. We would like to say a big thanks to Krystal and Mr Nguyen for taking the time out and taking us to the open day we really do appreciate it.

